

CMPA POST Class A Licensed Basic Training Center

Central Missouri Police Academy

CADET HANDBOOK AND APPLICATION PACKET



Central Missouri Police Academy – University of Central Missouri

MISSOURI SAFETY CENTER

200 MING, WARRENSBURG, MO 64093 *MOSAFETYCENTER.COM/CMPA

REVISED JULY 1, 2023



600 Hour Missouri POST Class A Program Application Packet

Dear Cadet Applicant,

Thank you for your application to the Central Missouri Police Academy (CMPA). CMPA has been successfully training qualified and competitive Police Officers since 1971.

Our mission at the Central Missouri Police Academy is to:

- Make our graduates more desirable and competitive in the job market
- Provide experiential learning in a real-world environment
- Reduce the time needed for students to earn their degree
- Maintain competitive costs for students

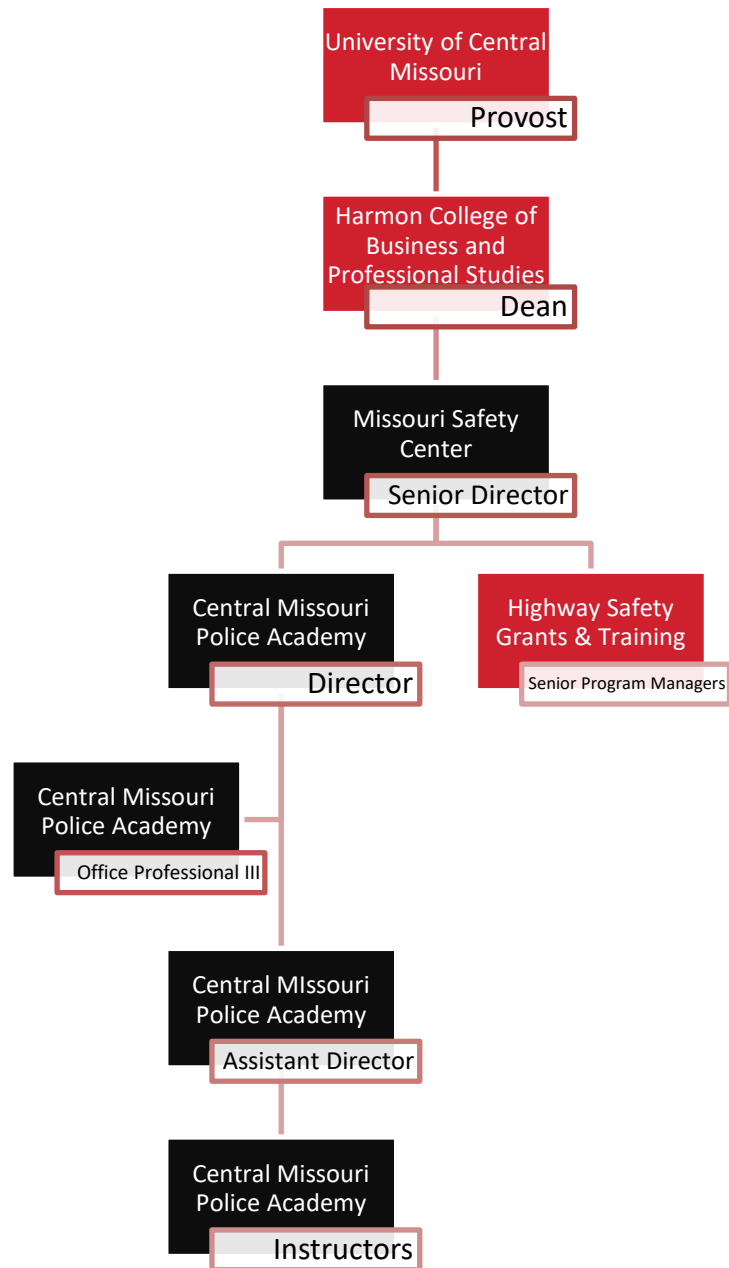
When you graduate from the Central Missouri Police Academy, you can be confident that you have received some of the best entry level law enforcement training available. Our instructors are current and former Federal Agents, Prosecutors, Deputy Coroners, Troopers, Police Chiefs, Detectives, Sergeants, and Officers and bring tens of thousands of hours of experience with them. All are POST Licensed as Generalists or as Specialists in their fields. The curriculum exceeds the requirements of the Missouri POST Commission by more than 200 hours. The CMPA standards are high to ensure graduates of the Academy are prepared to perform well on the job. Our facilities provide realistic training environments and our academy is part of the University of Central Missouri, with all campus facilities available to students.

Graduation from the Central Missouri Police Academy provides each cadet with the potential for 18 hours of “Credit for Prior Learning” toward select undergraduate degrees from the University of Central Missouri. You can earn these credit hours in approximately five months (part-time academy is nine months). The Academy understands that most people come to us wanting education that leads to a fulfilling career, and often cannot wait four years to get their career started. We also know the clear advantage that a college degree provides to one’s career potential. Central Missouri Police Academy meets both needs. After graduation you could work as a law enforcement officer immediately and complete your degree while working. If you are ready to take the next step, fill out the attached forms and apply now.

Tim Lowry

Director, Central Missouri Police Academy

Organizational Framework



Facilities & Activities

Main Location:

200 Ming Warrensburg, MO 64093
<ul style="list-style-type: none"> • UCM Campus • Full-Time Academy & Staff • Technology Classroom • MILO System • Practicals & Classroom • Offsite: CPR/First Aid, Firing Range, Driving

Extension Site:

3201 West 16th Street Sedalia, MO 65301
<ul style="list-style-type: none"> • State Fair Community College Campus • Part-Time Academy • Technology Classroom • MILO System • Practicals & Classroom • Offsite: CPR/First Aid, Firing Range, Driving



The CMPA Code

Courage: To do what others won't

Integrity: To do right even when unpopular

Leadership: To do while others debate

Included in this packet

General Information

- Eligibility Requirements
- Application Process
- Once Admitted to CMPA
- Course Information
- CMPA Attendance Cost
- Applying for Federal Financial Aid
- Refund Policy
- What Cadets Must Provide by the First Day of Class
- What CMPA Provides to Each Cadet
- Dress and Appearance Standard
- CMPA Cadet Standards of Conduct/Code of Ethics
- CMPA Firearms Requirements
 - List of Approved Firearms
 - Holster
 - Magazine Pouch
 - Ammunition
 - Initial Range Instructions
 - Gun Cleaning Kit
- CMPA Physical Training Requirements

Forms in this Packet

- Peace Officer License Application Information
- Applicant Statement
- Authorization for Release of Information
- Assumption of Risk, Release and Indemnification

Submit the Following to CMPA for Application Completion

- Birth certificate or passport
- Driver's license
- High school diploma, GED certificate, or university transcript
- Any medical or court records requested at the time of interview
- Copy of receipt from official fingerprint submission – **instructions on how and where to get fingerprints will be sent to cadets**



Eligibility Requirements

- Be at least 21 years old on or before the date of class graduation
- Be a U.S. citizen
- Have graduated High School or its equivalent
- Have a valid Missouri driver's license
- Be capable of completing all required physical activities
- Not have a disqualifying criminal record

Missouri Revised Statutes 590.080.1(2) state any applicant may be denied acceptance if he or she “has committed any criminal offense, whether or not a criminal charge has been filed.” Failure to disclose any criminal record, including arrests for which no charges were filed, may be grounds for application denial. A background check will be conducted on each cadet.

- *If you have any history of criminal offenses, including arrests that never led to charges, or you provide false or misleading information to the CMPA or State of Missouri, you may be denied entry into the academy. If such criminal history exists, it is best to discuss this with the Academy Director to see if it would prevent you from attending.*
- *A criminal background check will be conducted by the State of Missouri to determine eligibility prior to being accepted.*
- *If, while attending the CMPA, you are found to have provided any false or misleading information, or are cited or arrested for any offense, you may be dismissed without refund of any tuition or fees paid.*
- *If, after acceptance into the CMPA, you are found to have been arrested during that time, including arrests that don't lead to charges, you may be denied entry into the academy.*

Note: You do not have to be admitted to the University of Central Missouri as a student to participate in the Central Missouri Police Academy; however, guidelines are in place to ensure you meet all the necessary qualifications through the interview process and collection of all forms for the application process.

Sponsored Cadets:

Law enforcement agencies in Missouri and surrounding states may sponsor cadets to the CMPA. Cadets must still meet all eligibility requirements as stated above, complete all application process requirements below, and be verified as employees of the sponsoring agency. It is the responsibility of each sponsored recruit to inform the Academy Director of any changes in employment status at their department while in the CMPA.

Application Process

Submit materials listed. Specific forms will be provided to cadet applicants.

- Online CMPA prerequisites form and all required attachments
<http://mosafetycenter.com/cmpa/#1604612984030-74d45414-269b>
- Copy of Birth Certificate and/or Passport
- Copy of High School diploma, official high school transcripts, GED Certificate or official college transcripts showing course work completed
- Signed **Applicant Information** form
- Signed **Statement by Applicant**

- Signed and notarized **Authorization for Release of Information** form
- Signed and notarized **Missouri Peace Officer License Legal Questionnaire**
- Signed **Missouri Peace Officer License Application**
- Signed **Assumption of Risk, Release and Indemnification Statement**

Once Admitted to CMPA

- **Submit Fingerprints**
 - Fingerprints are required for every applicant, even if previously fingerprinted.
 - Fingerprints must be current, meaning they cannot have been taken earlier than 120 days and no later than 15 days before the start of the academy as per 11 CSR 75-14.050 (2)(B)2.
 - If you have applied previously and deferred your application to a later semester, you must submit new fingerprints taken within the dates specified.
 - Have fingerprints taken by 3M/Cogent. There will be a fee for this (approximately \$48). See attached instructions.
 - As you fill out the online fingerprint forms you will need the CMPA four-digit Registration Number **5980**. Choose the correct CMPA – **OCI #10**.
 - Fingerprint receipt must be returned via email or original copy provided to Office Professional. This is a record of your fingerprinting for your cadet files and for POST.

Course Information

The CMPA is a Missouri POST Licensed Basic Training Center, regulated by the State of Missouri's Peace Officer Standards and Training (POST) program. Completion of this course will prepare you to take the Missouri POST Class A examination; required for you to be hired as a Peace Officer in Missouri.

General Information

- To attend this course, you must agree to and comply with certain behavior and appearance standards, pass a criminal background check and be able to perform various physical tasks. This class also requires a significant commitment of time outside of the classroom.
- You will be provided with access to the course schedule on the first day of class through the UCM Google Drive.
- The course curriculum is broken into "training blocks" that differ based on the subject matter.
- Several additional hours are offered in supplemental training blocks to ensure cadets are given adequate practical application training and certification in certain skills that have proven to be desired by most law enforcement agencies. These supplemental training hours may change based on current events and new training opportunities presented to the academy.
- *Full Time Academy Schedules*
 - Most full-time academy training occurs:
 - Monday, Wednesday, Friday from 7:30 AM - 6:00 PM
 - Tuesday – Thursday from 7:30 AM – 5:00 PM
 - 1 hour for lunch daily.
 - Evening training during the Firearm, Car Stop and Building Search blocks will be outside the normal schedule and will be available on the cadet schedule provided in advance of the academy beginning.
 - Roll call is at 7:45 AM sharp, and attendance is required.
 - Average weekly hours: 45.5 hours
 - Average weeks: 21 – 22 depending on the UCM Academic Calendar
- *Part-Time Academy Schedule*
 - Most part-time academy classes follow the part-time schedule:

- Tuesday 6:00 pm - 10:00pm
 - Thursday 6:00 pm - 10:00 pm
 - Saturday 8:00 am - 6:00 pm (1 hour lunch)
 - Sunday 1:00 pm - 8:00 pm (30 minute lunch)
- Classes are held at State Fair Community College location.
- Some training will occur outside of traditional classroom hours for activities including Firearm training, Car Stops, Building Searches and others.
- Average weekly hours: 23 hours
- Average weeks: 36 weeks depending on the UCM Academic Calendar
- Holidays & Breaks Include:
 - New Years Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day
 - Additional holidays may be added at the discretion of the President of UCM
 - Breaks will be on the same cycle as the UCM breaks including Spring Break, Fall Break and Winter Break
- Approximately 60% of learning is classroom time while 40% will be practical application activities.
- If the UCM campus is closed due to inclement weather, we are required to close as well. We make up those hours during the campus breaks of either Spring Break or Fall Break.

Attendance Policy:

- POST requires any missed training under 30 hours must be made up to the instructor's or Director's satisfaction. Missing hours takes away from the Academy experience and may reflect a lack of commitment to the law enforcement profession. If a cadet regularly misses class, the cadet may be counseled by Academy staff regarding attendance, commitment, and professionalism. If a cadet misses more than 30 hours, they will fail the Academy.
- If a make-up time is not available prior to academy graduation, the trainee may not be allowed to graduate with that academy and may have to return at a future date to make up the missed topic during another academy class. It is the trainee's responsibility to check and verify the correctness of the rescheduled time and location for make-up sessions. A trainee who fails to show up for a scheduled make-up or fails to contact the Academy Director to cancel or reschedule a make-up in advance, may not be allowed to take a make-up and thus may be required to re-apply and re-enroll in the academy.
- There are some training blocks that cannot be rescheduled and missing them may result in inability to graduate or take the POST test. These include, but are not limited to, Firearms, First Responder, SFST and Type III training, and Emergency Driving.

Grading System & Progress Requirements

- Exams –A minimum score of 70% must be obtained for all tests in order to pass. If a student gets below a 70%, they get 1 retake, if the retake is passed the score documented is 70% even though they may have scored higher on the retake. The student is allowed only one retake on any test. If the cadet does not pass on the first retake, they will fail the Academy.
- All SFST Tests require a minimum of 80% to be considered passing
- The final grade you receive for the UCM courses will be based on the total numerical grades you receive on all tests.
- There are also several "Pass/Fail" practical exercises that you must pass. These include firearms qualification, police driving, defensive tactics, standard field sobriety testing, first responder training, report writing, and final practical application scenarios.

- If you desire to attend just for the college credit or experience, without intending to seek employment as a Peace Officer, the requirements remain the same. Some of the training is held off-campus so you will need to use your personal vehicle or have alternate transportation arrangements.
- POST requires that you must demonstrate improvement of your physical fitness in order to pass. It is critically important for every law enforcement officer to be able to handle any of the physical challenges that the job involves.

Prior Credit for Other Academies, Work-Life Experience, and Credit for Prior Learning:

- Central Missouri Police Academy staff will evaluate prior education and experience upon application and receipt to the Academy program; however, no credit will be awarded to the program as you must complete all required POST curriculum hours and supplemental hours. We do not offer advanced placement for prior education or experience.
- When you successfully graduate, you can apply for 18 hours of “Credit for Prior Learning” toward your bachelor’s degree with UCM. Contact CMPA staff for more information and how to apply.

CMPA Attendance CostTuition & fees are subject to change**

Fees	Amount	Refundable?
CMPA Fee - Full or Part-Time	\$6,210.00	Please see refund policy.
Cost Breakdown		
Tuition (Covers Instructors, University facility use, other university fees)	\$4,276.00	
Program Fees (Covers off-site fees including firearms instructors and range, driver instructor course, first responder training)	\$1,035.00	
Course Fees (Covers class supplies not limited to crime scene, books, equipment repair and replacement)	\$589.00	
Uniform Fees	\$310.00	
Additional Fees and Expenses for attendance - not covered in the \$6,210		
Fingerprint processing – approx. (Required)	\$50.00	
Ammunition for firearms training – approx. (Required – subject to change based on market cost and range requirements for qualification)	\$425.00 - \$750.00	Current Rate: \$425.00
Cadet provided black duty boots – approx.	\$40 - 100	
Housing and meals while attending CMPA	Variable	
Parking Pass (VA or Military Benefits Students may be eligible for a parking pass at no charge)	\$50-\$120	

Fee Payments:

The following fee payments have been put into place for the CMPA:

NOTE: Cadets who are NOT sponsored via VA or Military Benefits will be charged a \$250.00 non-refundable fee upon your acceptance to the academy to cover expenditures incurred before the academy begins (uniforms, books, supplies). This will be credited toward your total fee of \$6,210. This deposit will be due no later than a week after the date you are accepted into the Central Missouri Police Academy. If you are accepted into the program under VA or Military Benefits, you will be charged the \$250.00 fee but it will be refunded if you choose not to enter the program. It will also be credited toward your total fee of \$6,210.

Full Time Academy – Fall

- \$1,000 due by first day of class
- \$1,000 due by August 6th
- \$2,210 due by September 1st
- \$1,000 due by October 1st
- \$ 750 due by November 1st
- Full payment of \$6,210 may also be made at beginning of the academy session
- Other payment arrangements, including sponsorship payments from agencies can be made through contact with the Missouri Safety Center Fiscal Operations Coordinator at 660-543-4830

Full Time Academy - Spring

- \$2,210 due by first day of class
- \$1,000 due by February 6th
- \$1,000 due by March 6th
- \$1,000 due by April 6th
- \$ 750 due by May 6th
- Full payment of \$6,210 may also be made at beginning of the academy session
- Other payment arrangements, including sponsorship payments from agencies can be made through contact with the Missouri Safety Center Fiscal Operations Coordinator at 660-543-4830

Part-Time Academy

- \$1,210 due by first day of class
- \$1,000 due by February 6th
- \$1,000 due by March 6th
- \$1,000 due by April 6th
- \$1,000 due by May 6th
- \$ 750 due by June 6th
- Full payment of \$6,210 may also be made at beginning of the academy session
- Other payment arrangements, including sponsorship payments from agencies can be made through contact with the Missouri Safety Center Fiscal Operations Coordinator at 660-543-4830

Refund Policy

Withdrawal from the Police Academy Non-VA/Military supported Cadets:

- Students who choose to withdraw or drop the Police Academy Full or Part-Time course after they've been enrolled, but before the start date may be charged a DROP FEE of no less than

\$250. In addition to the DROP FEE, any costs incurred by the Central Missouri Police Academy for uniforms and/or supplies that were ordered in anticipation of your attendance will be recouped from the total fees.

- In the first ten business days of the academy (Weeks 1 & 2), if a cadet drops, we will refund 100% of tuition paid less uniform and material costs already spent (\$500).
- Remaining Weeks (approximately week 3 – 16/17), there will be no (0%) refund to the former cadet.
- If the cadet is removed by CMPA Staff or as required by Missouri POST from the program for any reason, there will be no refund.

Withdrawal from the Police Academy VA/Military supported Cadets:

- Cadets supported through VA/Military funding, who choose to withdraw from the CMPA, will be refunded a portion of what they have paid toward their tuition based on the following schedule:
 - Week 1 - 2: 100% Refund
 - Week 3 - 4: 75% Refund
 - Week 5 - 6: 50% Refund
 - Week 7 - 8: 25% Refund
 - Weeks 9 – 13: 20% Refund
 - Week 14: 5% Refund (60% of program completed)
 - Weeks 15 – 22: 0%

All pieces of equipment, uniform, and books must be returned to the police academy if a cadet separates from the academy, voluntarily or involuntarily, before graduation. Failure to do so will result in the cadet's account being charged.

Note: if you withdraw from the CMPA at any time during the program or are removed due to disciplinary reasons, you will be required to return any textbooks and uniforms purchased through your fee payments. These fees will not be refunded to you.

Applying for Student Loans/Private Student Loans

Cadets are not eligible for federal financial aid. Do not apply for Federal Financial Aid. To do so is a felony. Such intentions and actions are indicators of basic dishonesty, and therefore conflict with the desirable character traits of a police academy student and a law enforcement officer. If it is discovered that you have fraudulently taken money under such circumstances, these actions will be grounds for dismissal from the Academy.

Cadets are eligible to apply for private student loans. Sallie Mae offers the Smart Option Student Loan and scholarships that cadets can apply for to pay for tuition and/or expenses.

While professional education courses are not eligible for federal financial aid, the following private education loans are available to students.

Sallie Mae Smart Option Student Loan - This loan is available to students enrolled full-time, half-time, and less than half-time.

[Apply Here](#)

[Disclosure Information](#)

Sallie Mae Parent Loan - Any creditworthy adult willing to borrow on the student's behalf. The student may not be the borrower. Borrower, cosigner and student must be U.S. citizens or U.S. permanent residents.

[Apply here](#)

[Disclosure Information](#)

Scholarships

The Dama Cooper and Sarantakos Scholarships are available to police academy cadets. Applications for both scholarships can be completed online through Scholarship Finder on the UCM website. CMPA staff will notify the class when the scholarships are open and available to accept applications.

Military & Veterans' Services

The University of Central Missouri office of Military and Veteran Services is a liaison between students requiring veteran services and benefits from the Veterans Administration, Military Tuition Assistance and any state or federal benefits. Students seeking to use benefits must contact our Military and Veteran Services office and fill out the Veterans Certification Request Form each semester they seek to use their benefits.

UCM is in compliance with the requirements of PL 113-146 the Veteran Access, Choice and Accountability Act of 2014, Section 702. UCM will waive all non resident rates to uniformed service veterans and their qualified dependents covered under Section 702.

For recipients of Chapter 31 and Chapter 33 of the G.I. Bill®, the University will not impose any penalty, including the assessment of late fees, the denial of access to classes, libraries or other institutional facilities, or the requirement that a Chapter 31 or Chapter 33 recipient borrow additional funds to cover the individual's inability to meet his or her financial obligations to the institution due to the delayed disbursement of tuition or mandatory fees payment by the U.S. Department of Veterans Affairs.

See [Section 103 of the Veterans Benefits and Transition Act of 2018](#) for the chapter.

However, to qualify for this provision, such students may be required to:

- Produce the VA's Certificate of Eligibility (COE) by the second week of class;
- Provide a written request to be certified by submitting the Certification Request Form.

For information or assistance completing the proper documentation to ensure VA educational benefits are received in a timely manner, contact [Military and Veteran Services](#):

Office Location: Union 117

Telephone: 660-543-8990, Fax: 660-543-8044

GI Bill® is a registered trademark of the U.S. Department of Veterans Affairs.

What cadets must provide by the first day of class

- Classroom materials (notepaper, pens, pencils, highlighters, etc.)
- A laptop, tablet or other technology (capable of word processing) to view curriculum, test taking, homework, etc...
- One pair of black military or police-type duty boots. Must provide ankle protection with non-marking soles
- Athletic shorts and/or sweatpants. Plain if possible. No graphics or logos unless CMPA-related
- Bike shorts or compression shorts to wear under athletic shorts during training
- One pair of athletic shoes with non-marking soles to be kept separate from shoes used for PT. Training shoes will be worn when using the training mats in the Academy.
- Jacket, sweater, raincoat, etc. as needed for protection from inclement weather
- Mouthpiece and groin protection (if applicable) for protection during PT
- Parking Passes can be purchased at Public Safety, 306 Broad Street, Warrensburg. Parking passes are required to park in UCM campus lots.
- Handguns (optional), and ammunition are required by the first day of firearms training. Gun cleaning kit is also needed for cleaning guns at the end of all Firearms training.

What CMPA provides to each cadet

- Duty belt with accessories (must be returned before graduation)
- Ammunition pouch
- One set of handcuffs & key
- One handcuff pouch & handcuffs
- Training uniform (yours to keep) which includes
 - Two polo type short sleeve shirts
 - Two pair BDU type pants (one under belt included)
 - Two PT T-shirts
 - One black CMPA crew
 - One black CMPA jacket
 - One CMPA cap
 - NOTE: These items for the training uniform may change depending on availability from the distributor and decision-making of the CMPA administration.
- All instructional books, equipment and materials not included in the downloadable curriculum. Due to the excessive costs to have that done here at UCM, the Academy does not offer a printed version of the curriculum.
- UCM ID and email address

Dress and Appearance Standards

Hair will be clean, well-groomed, and neat. If dyed it must look natural. Hair will not contain excessive amount of grooming aids, touch eyebrows when groomed, or protrude below the front band of properly worn headgear. Cadets will maintain a professional appearance and demeanor at all times.

Wigs and hairpieces must be of good quality and fit properly. When worn, wigs and hairpieces must comply with the same grooming standards for natural hair.

When in training uniform, visible skin must be free of tattoos. Tattoos that are not covered by short sleeves must be covered by long sleeves. As noted, the Academy provides short sleeve shirts. Long sleeved shirts must be purchased by students as needed. You can request the Academy to order long sleeve shirts instead of the short-sleeve, but the minimum ordering amount must be met for long-sleeves to be purchased.

All students must wear the prescribed uniform for the day or event. The uniform must be clean and serviceable. Any personal clothing or accessories worn while in attendance must not have any logos or graphics except those that are CMPA related. Necklaces and earrings are not permitted due to safety issues that can arise during training. For safety reasons facial piercings and tongue piercings are not allowed to be worn during cadet training.

MEN

Hair will be styled to present a professional appearance. Hair style should be "military" or "police" style. It will have a tapered appearance on both sides and back, both with and without headgear. A tapered appearance is one that when viewed from any angle the individual's hair so that it conforms to the shape of the head.

Hair will not touch the ears, and only closely cut or shaved hair on the back of the neck may touch the collar. Hair will not exceed 1 inch in bulk and not exceed 1/4 inch at the natural termination point. It will not contain or have any visible foreign items attached to it.

Sideburns will be neatly trimmed and tapered in the same manner as the haircut. They will be straight and of even width (not flared) and end in a clean-shaven horizontal line. They will not extend below the lowest part of the exterior ear lobe.

Face and neck must be cleanly shaven. Mustaches and beards are not allowed.

WOMEN

Hair will be styled to present a professional appearance. Unadorned pins, combs, headbands, elastic-bands, and barrettes similar to the cadet's hair color are permitted to keep hair in place. Hair will not be worn in an extreme or fad style. Hair will not extend in length on any side to a length touching the shirt collar at the back of the neck but may be worn up. It will not exceed 3 inches in bulk or prevent proper wearing of headgear.

Nail polish may be worn if it is a subtle or neutral, single color, and in good taste. Nail polish will not contain ornamentation.

CMPA Cadet Standards of Conduct

Purpose

This policy defines proper conduct for a Cadet of the Central Missouri Police Academy. It is based on common ethical codes used in law enforcement organizations and is designed to not only encourage ethical conduct by a CMPA Cadet, but also to prepare that cadet for expected behavior when they are employed by a law enforcement agency.

Scope

This policy applies to all cadets enrolled in a CMPA Basic Academy course. Unless otherwise noted, this policy also applies to "off duty" conduct when a cadet identifies himself or herself as a CMPA cadet or is wearing any insignia that indicates their status as a CMPA Cadet. Conduct not mentioned under a specific rule, but which violates a generally accepted principle of ethical behavior is prohibited.

Standards of Conduct

Includes, but not limited to:

- 1) Any person who, while attending the academy or other training activity at UCM, violates the rules and regulations of the University, fails to perform satisfactory work, fails to make satisfactory academic progress, or fails to exhibit respectful behavior toward students, faculty, staff members and others at the University, may be subject to dismissal. All disciplinary actions will be conducted in such a manner as to be compliant with the procedures established by the University. The occurrence of any disciplinary problems that do not have a University proscribed/prescribed response will be dealt with on a case-by-case basis. The Director of the academy or his representative will determine appropriate action(s) necessary to resolve the problem and prevent future problems.
- 2) All cadets are required to be prompt for class and all academy functions.
- 3) Should any trainee become ill and report for class, the trainee is to notify the Academy staff and, when possible, report the illness prior to the beginning of classes.
- 4) Cadets who are injured during academy training and related activities, must **immediately** notify the instructor in charge, may call for medical attention as appropriate. Injured cadets will make a written report of the incident to the Academy Director. Notification of injury and associated circumstances must be made at the earliest practical time.
- 5) Cadets shall not possess or consume alcoholic beverages or illegal drugs while in attendance. Controlled substances may be taken only as legally prescribed, consistent with federal, state, and local law. Cadets shall not report to class under the influence of alcohol or with the odor of an alcoholic beverage on their breath. Cadets that are taking any legally prescribed medication that may impair their ability to safely operate a motor vehicle or firearm, or take part in physical fitness or practical exercises, must inform the Director or instructor before such event is to take place. Any trainee suspected of being impaired as a result of being under the influence of alcohol or a controlled substance may be dismissed from the academy. Possession, use, or abuse of illegal drugs/substances will result in the trainee being dismissed from the Academy.
- 6) The use of tobacco in any form is not permitted on the UCM campus (1/1/14) or while in the CMPA. The use of tobacco is not permitted while a cadet is in uniform.
- 7) The eating of meals is not allowed in the classrooms, and drinks must be in securely covered containers.
- 8) There should be no loud or disrespectful talking, disruptive noise or horseplay on campus or at training activities at any time.
- 9) Cadets will be provided with a training schedule. This schedule is for planning purposes and may be changed to accommodate changes in facility availability and instructor availability. Cadets are required to read the training schedule and adapt to schedule adjustments.

- 10) Parking of private vehicles on the UCM campus is governed by the traffic rules and regulations established by the UCM Department of Public Safety (DPS). A copy of these rules and a campus map may be obtained from DPS at 306 Broad Street, Warrensburg, Missouri. Cadets will need to purchase a parking permit prior to the beginning of the academy. These permits enable the trainee to park in designated parking lots indicated on the permit. Failure to display the permit and/or parking in areas other than those designated will result in the issuance of a ticket for the parking violation. Cadets who have excessive parking violations (5 or more) during an academy may be dismissed from the Academy. All outstanding fines must be paid prior to academy graduation or the certificate of graduation and state certification may be withheld.
- 11) Cadets are required to obey laws and statutes of the United States, the State of Missouri, and all ordinances and rules enacted or pursuant to any other legal authority. Cadets are also required to have and maintain a valid operator's license during the academy.
- 12) Any Cadets arrested during the academy shall be presumed innocent until proven guilty. The trainee will be dismissed from the academy to allow the trainee the opportunity to devote full attention and time to resolving the issues surrounding his/her arrest. Once the trainee is found innocent, charges are dropped or dismissed as unfounded; the trainee may reapply for admission to the next available academy. There is no implied guarantee that the trainee will be readmitted to the next available academy. POST will review the circumstances and determine if the trainee meets the legal requirements for admission to the Academy according to Chapter 590 of Missouri Revised Statutes and any other applicable laws or regulations that might pertain to the trainee's academy enrollment, as well as University policies.
- 13) Cadets are required to conduct themselves as ladies and gentlemen and are required to practice all common rules of etiquette. Cadets shall not ridicule, mock, deride, taunt, belittle, willfully embarrass, humiliate, or shame another trainee unless such act is part of a prescribed practical exercise, as part of the course. Hazing will not be tolerated. Cadets should behave in a positive manner that contributes to the ability of any other cadet to successfully complete the course. These rules apply anywhere on the UCM campus, and at any time cadets are identifiable as CMPA cadets.
- 14) Cadets should refer to all Academy / University faculty and staff as Mr., Ms., Professor, Doctor, or by title if they are sworn, or retired officers.
- 15) Cadets shall always exercise professional courtesy, and especially when addressing Academy staff, UCM officials, guests, and members of government and law enforcement organizations.
- 16) Cadets shall refrain from any conduct that detracts from the public's faith in the integrity of the CMPA, University of Central Missouri, or any law enforcement agency. Cadets are prohibited from attempting to impersonate a law enforcement officer, or infer they have any authority greater than that of an ordinary citizen. Cadets may not wear duty gear, whether CMPA issued or personal, away from the CMPA training unless authorized.

- 17) Cadets shall speak and act in a manner that exhibits respect for all persons regardless of race, color, creed, religion, national origin, sex, marital status, and status regarding public assistance, disability, sexual orientation, or age.
- 18) Cadets shall not commit any act which, as defined under federal or Missouri law, constitutes sexual harassment. The academy follows the policy and procedures of the University of Central Missouri. Please refer to the Sexual Misconduct Policy and Complaint Resolution Procedures. <https://www.ucmo.edu/offices/general-counsel/university-policy-library/policies/policy-prohibiting-sexual-misconduct-harassment-and-discrimination/>
- 19) Cadets, instructors, and staff should refrain from any romantic relationship sexual advances, requesting sexual favors, engaging in sexually motivated physical contact, or other verbal or physical conduct or communication of a sexual nature with any Academy staff, at any time from the beginning of an academy until after graduation. The academy follows the policy and procedures of the University of Central Missouri. Please refer to the Consenting Relationships Policy and Procedure. <https://www.ucmo.edu/offices/general-counsel/university-policy-library/procedures/consenting-relationships/>
- 20) Cadets shall promptly obey all lawful and proper instructions issued by an instructor or other Academic staff member. Reasonable concerns regarding the propriety of any directives should be reported to the Director.
- 21) Cadets are responsible for the proper care and handling of equipment, vehicles, or other materials in their custody during the academy. Any losses or damages will be reported to the instructor in charge of the training activity.
- 22) Cadets will abide by these rules and regulations and other rules, regulations, ordinances, and laws that govern their behavior and activities during the academy.
- 23) Cadets shall avoid regular personal associations with persons who are known to engage in criminal activity where such associations will undermine the public trust and confidence in the cadet, or the CMPA. This rule does not prohibit those associations that are unavoidable because of the cadet's personal or family relationships.
- 24) Cadets shall not use their position, or UCM or CMPA identification (1) for personal or financial gain, for themselves or another person; (2) for obtaining privileges not otherwise available to them; and (3) for avoiding consequences of unlawful or prohibited actions.
- 25) Cadets shall not authorize the use of their names, photographs or titles in a manner that identifies them as a cadet of the CMPA in connection with advertisements for any product, commodity or commercial enterprise.
- 26) Cadets will not bring weapons or ammunition onto UCM or contracted training property without prior approval from an instructor. Cadets may not carry any devices, such as OC spray or batons, that they have not been properly trained and certified to carry and employ.
- 27) Academic Property - Written and/or practical examinations will be administered in most of the courses presented at the Academy. All tests are the property of the Academy and, as

such, are sensitive items. No test material is allowed to be in the students' possession without the supervision of the instructor or staff person in charge.

- 28) Full Participation: Cadets are required to fully participate in all scheduled Basic Academy courses, whether classroom, practical, or physical training. If injury or illness hinders the ability to fully participate in the assigned physical training for a given day, an alternative may be allowed by the instructor as long as it approximately equates to the goals of the regularly assigned activity for that day. If there is no acceptable alternative available, the Cadet will be required to make up the lost time before the end of the Academy.
- 29) Physical Training (PT) Make-Up: Since physical training may not be made up by studying course objectives and lesson plans, this is the only area in which a student may eliminate missed hours by making them up on an hour-for-hour basis. All missed PT hours must be made up before the end of the Academy or the trainee will not be allowed to graduate.
- 30) Injuring Classmates: If a student(cadet) injures a classmate during training, in a manner that was intentional, reckless (knew that the act was unreasonably dangerous and proceeded anyway), or careless (should have known that the act was likely to cause injury but did not proceed with due caution or adjustment), and causes the injured student to miss class time, the offending student will be suspended from class for the same amount of time. This will be added to the offending student's cumulative hours missed for POST reporting and attendance requirements. The determination of the nature of the incident will be based on the Director's / Assistant Director's findings after investigation of the incident.

Violations and Dismissal from the Academy

Violations of the standards of conduct may result in the cadet's removal from the classroom temporarily or for the duration of the block of instruction, at the discretion of the instructor. Such time will count toward the cadet's absence total. Repeated or excessive individual violations may result in expulsion from the Academy, at the discretion of the Director.

The CMPA Director has the authority to dismiss a cadet from the program based on violation of the above Standards of Conduct or other information that comes to light regarding the cadets misconduct in or out of the classroom, including their arrest, even without being charged. If the Director dismisses the cadet, they may appeal the decision to the Senior Director of the Missouri Safety Center. If they still wish to appeal after this decision, they may go to the Dean of the Harmon College of Business and Professional Studies for final appeal decision.

The following documents are included by reference. Please go to the applicable Internet URL to review each document.

- Missouri Code of State Regulations, Title 11, Division 75, Chapter 13, "Peace Officer Licenses"
<http://www.sos.mo.gov/adrules/csr/current/11csr/11c75i13.pdf>
- Missouri Code of State Regulations, Title 11, Division 75, Chapter 14, "Basic Training Centers"
<http://www.sos.mo.gov/adrules/csr/current/11csr/11c75i14.pdf>

CMPA Firearms Requirements

Each cadet must provide the following equipment by the first day of firearms training. Please note this is not the first day of class. Check the course calendar for when firearms training is scheduled. One of the firearms instructors will be available during the first day of class to answer any questions. Cadets may wish to wait until after the first of class to purchase weapons or ammunition.

Firearms training is cumulative, so missing any portion is difficult or impossible to make up. A Cadet missing any training may not have an opportunity to continue and may be dismissed. A cadet reporting without required equipment, or reporting with insufficient or unapproved equipment, will not be able to participate in training and may be dismissed. (Please review section)

Firearms training is conducted at Midwest Tactical near Leeton, Missouri which is an outdoor range. Training will take place regardless of weather conditions.

List of Approved Firearms

Firearms must be full-sized models chambered in 9mm, 10mm, .40 S&W caliber, or .45 ACP caliber. If a cadet already knows which model they will use on the job, the Academy suggests the cadet train with that model. Any other weapon MUST be approved by the firearms instructors prior to class. To avoid the possibility of being unprepared for the first day of firearm training, cadets are encouraged to choose a weapon from the list above. Weapons not appearing on the list below are unlikely to be approved.

Whatever firearm is chosen, cadets must provide at least 3 magazines with a capacity of at least 12 rounds or more per magazine. If the firearm has a magazine capacity of fewer than 12 rounds, additional magazines must be provided to provide the cadet with a minimum of 36 rounds.

Approved Handguns

Beretta	Px4, 92, 96 (full size)
Glock	17, 19, 21, 22, 23, 34, 35
Smith & Wesson	M&P, Sigma, 1911, 5906
Sig Sauer	P-220, P-226, P-229, SP2022, 1911
Heckler & Koch (H&K)	P30, HK45, P-2000, USP
Springfield	XD, XDM, 1911
Taurus	24/7, 92, 100, 809, 840, 1911
Ruger	SR9, SR40, P345, 1911
FN Herstal	FNS-9, FNP-9, FNP-40, FNP-45
1911 style pistol with at least a 4-inch barrel manufactured by Kimber, Ruger, Sig Sauer, Taurus, Remington, Colt, Smith & Wesson, Springfield	

Holster (If you are using your own weapon)

- Must have a capability of retaining the weapon
- Holster must be specifically designed to fit the chosen weapon
- Blackhawk Serpa (preferred choice)
- Safariland holster with at least a level one restraint
- Uncle Mike with at least a level one restraint

Magazine Pouch

Cadets should provide any magazine pouch with some retention capability (some device like a button or Velcro flap that secures the magazine in the pouch which prevents loaded magazines from falling out during strenuous activity like running, jumping, going prone, etc.) with either one dual magazine pouch or two single magazine pouches. Make certain the magazines properly fit in the magazine pouch.

Ammunition

- 1200 rounds of pistol ammunition
- Factory fresh or factory re-manufactured ammunition
- NO RELOADS OR MAGNUMS
- Steel cased or aluminum cased ammunition is acceptable. Certain weapon systems sometimes do not function properly when firing steel cased ammunition. Refer to pistol manufacturer's recommendations on this point.
- Recommended full metal jacket. Training and penetration/expansion capabilities are not important
- 15 rounds of 12-gauge slug shotgun ammunition. 12 gauge, 2 ¾ inch, rifled slug
- 15 rounds of 12-gauge 00 buck shotgun ammunition. 12 gauge, 2 ¾ inch, 00 buck, 9 pellets
- 150 rounds of 12-gauge birdshot shotgun ammunition. 12 gauge, 2 ¾ inch, 7 ½ or 8 shot, Winchester or Federal manufactured preferred
- The CMPA provides Remington 870 shotguns for cadet use

Initial Range Instructions

Report to the range on the first day of firearms training with the following mandatory equipment

- Duty belt, holster, magazine pouch
- Pistol and magazines – unloaded
- Pistol ammunition – 200 rounds
- Eye and ear protection
- Gun cleaning kit

Gun Cleaning Kit should contain the following

- Gun solvent – Hoppe's no.9 or equivalent
- Gun oil – Remoil or equivalent
- Nylon or brass bore brush – caliber-specific
- Cleaning rod
- Cheap nylon bristle toothbrush
- Handful of cotton swabs
- Gun cleaning patches

Additional equipment that you should have readily available

- Cold weather gear. Dress in layers
- Rain gear
- Waterproof boots and spare socks
- Some means of hydration
- Sack lunch – there are no restaurants or eateries near Midwest Tactical

Leave ALL weapons and ammunition secured in vehicles when reporting to the range classroom the first day and wait for specific instructions. DO NOT bring weapons and ammunition to the Police Academy building or into the firing range classroom.

Read and be familiar with the specific firearm owner's manual.

CMPA Physical Training Requirements

Synopsis

This section is designed to educate and reinforce the need for peace officers to be in good physical condition in order to perform the physical requirements of the job (running, climbing, carrying, dragging, pushing, etc.), to maintain a professional appearance, to reduce the risk of heart disease and other health problems, to reduce the risk of disability, excessive sick leave and stress, and to enhance the quality and quantity of retirement years.

Objectives

The trainee will be able to

- Participate in a program that includes fitness training for Flexibility, Aerobic, Anaerobic, ~~and~~ Muscular Endurance, and Agility.
- Flexibility should include an available range of motion at a given joint or structure, such as static, dynamic, passive, and active stretching.
- Aerobic Fitness should include training that involves increasing the heart rate for a period of time, such as 20-30 minutes through distance running, aerobics, stair climbing, etc.).
- Anaerobic Fitness should include training that involves short intense bursts of energy – such as sprints, etc., within a designated aerobic activity.
- Muscular Endurance Fitness should include training muscular groups for endurance through resistance training such as push-ups, sit-ups and other endurance building workouts.
- Agility is the ability to generate speed, to start, to stop, and to change direction and should include training such as shuttle runs, lateral slides, and/or running backwards for short distances.



2022 Central Missouri Police Academy Training Courses

Course Descriptions

Missouri POST Class A Basic State Licensed Training Center			
Class	166 Full Time	3 Part-Time	167 Full Time
Location	University of Central Missouri, CMPA, 200 Ming, Warrensburg, MO 64093	State Fair Community College, 3201 W. 16 th Street, Sedalia, MO 65301	University of Central Missouri, CMPA, 200 Ming, Warrensburg, MO 64093
Date(s)	July 10 – December 7, 2023	2024 Dates Pending – Tentative Start date January 8, 2024	January 8 – June 14, 2024
Course Cost	\$6,210.00	\$6,210.00	\$6,210.00
Other Fees	See Pages 7-8 of the Handbook	See Pages 7-8 of the Handbook	See Pages 7-8 of the Handbook
Class Limits	40	20	40
Prerequisites	<ul style="list-style-type: none"> • Be at least 21 years old on or before the date of class graduation • Be a U.S. citizen • Have graduated High School or its equivalent • Have a valid Missouri driver's license • Be capable of completing all required physical activities • Not have a disqualifying criminal record 	<ul style="list-style-type: none"> • Be at least 21 years old on or before the date of class graduation • Be a U.S. citizen • Have graduated High School or its equivalent • Have a valid Missouri driver's license • Be capable of completing all required physical activities • Not have a disqualifying criminal record 	<ul style="list-style-type: none"> • Be at least 21 years old on or before the date of class graduation • Be a U.S. citizen • Have graduated High School or its equivalent • Have a valid Missouri driver's license • Be capable of completing all required physical activities • Not have a disqualifying criminal record
Additional Information	Please refer to the Handbook	Please refer to the Handbook	Please refer to the Handbook